

A Master's Perspective on

the Spiritual Aspects of Feng Shui

by Jodi Brunner

Our fascination with the Spiritual World, evokes images of a world inhabited by spirits, divas and various other-worldly realms...but what is the spiritual world and what are the spirits, anyway?

We may say that the Spiritual World is the world of nature spirits; the world of human spirits or the world where humans lead a spiritual life in order to be closer to God or to the Higher Plain of existence.

Yet, there is also another Spiritual World; that of the world of the living spirits. These living spirits come into our lives and influence us in many different ways. Using Feng Shui we can discover the location, nature and personality of these living spirits and once identified, we can work with them; so as to live in harmony with them.

This branch of Feng Shui is a new concept to many, as we often think of Feng Shui as an interior design philosophy; or that which, if used correctly can bring us good luck, happiness, wealth and prosperity; or an esoteric branch of Chinese geography; or a way of being in tune with our environment; or a myriad of other explanations.

That's correct - Feng Shui is actually all of these things. Moreover, there are many formulas used in Feng Shui to calculate the qi (pron. chee) in various locations, such as the correct location for the placement of water; the correct place to put a door and the calculations for the locations of the spirits.

These spirits take the form of qi, which we refer to in Chinese metaphysics as coming from both the tangible and the intangible worlds.

In the tangible world, we can define qi as being blown by a strong gust of wind, or the sights and sounds of the ocean on a beautiful sunny day, or the awe of a magnificent mountain. These natural environmental features are representations of qi and also contain qi in its tangible form: that which we can see, touch, taste, feel, experience. This is qi.

Qi in its tangible form also exists in the shapes and forms of nature and the environment around us and we can use the 5 Elements to define it: Fire qi is triangular, Earth qi is square, Metal qi is circular, Water qi is wavy and Wood qi is tall and thin.

By examining the physical environment around us we can identify the tangible qi and see which element or elements it belongs to:

A building or object with fire qi is triangular in shape. Fire radiates out in all directions, it represents fame and emotion. A fire shaped building can easily be famous, such as the Eiffel Tower, the Egyptian Pyramids, or this bridge in Hong Kong.

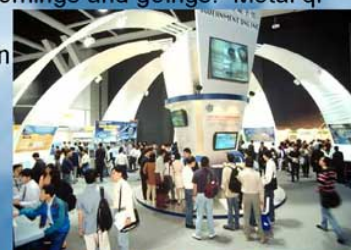


A building or object with earth qi is square shaped. Earth qi is stable, it represents conservation and is a desirable shape for



our homes as we feel more grounded and a sense of stability there.

A building or object round in shape is metal. It doesn't necessarily have to be made of metal, as here we are talking about the qi of metal which is a round, oval or semi-circular shape. This is the most dynamic shape and is good for a building with lots of comings and goings. Metal qi represents concentration and focus



which is why it is a good shape for some types of religious buildings, houses of prayer.

A building with a wavy shape is water, it can also be famous, like the Sydney Opera House or Hong Kong's Exhibition Centre (pictured). Here we are talking about the



shape of water, not real water. Water represents wisdom and love, a wonderful shape for a building where activity of that nature is conducted.

A building tall and thin resembles that of our modern cities, the sky scrapers of our time are all wood in shape and may, for instance



have a fire or metal shape on top. Wood with fire is the best shape for fame, whereas wood with metal cannot be as famous, as metal will control the wood. Wood qi represents spring, the time of striving ahead.

So what does this have to do with the living spirits? Well quite a lot actually, because when the living spirits come into our buildings, they first encounter the...

the Spiritual Aspects of Feng Shui (cont.)

by Jodi Brunner

...external environment and are influenced by the forms and features there.

Here we can discuss the type of qi that is intangible, that which we cannot see, touch or smell; but we can often feel or sense the qi and we certainly also experience the qi.

If you've been delving into the wonderful world of Feng Shui for a while you may have already heard of the Flying Stars, this is the Feng Shui technique we use to calculate the location of these living spirits which are so important to our lives.

Here's an example of how to calculate the living spirits:

		south			
	4 1	9 6	2 8		
	7	3	5		
east	3 9	5 2	7 4	west	
	6	8	1		
	8 5	1 7	6 3		
	2	4	9		
		north			

"What?" You say? "That's just a random set of numbers." No indeed it's not; you can see the pattern there; and these numbers are the spirits we are calculating.

Don't ask me how, maybe it was a cosmic experience, maybe it came from some ancient technique long lost, maybe as some would speculate, UFOs landed and gave us the formula, or maybe it was a build up of knowledge over millennia that led to this calculation; it was the ancients who spent their time in contemplation of the ways of the universe, heaven and earth, who devised this astonishingly simple calculation – and believe me, it works!

Through calculation of the Flying Stars we can reveal the living spirits in our homes, businesses and see how they 'fly' in from external to internal.

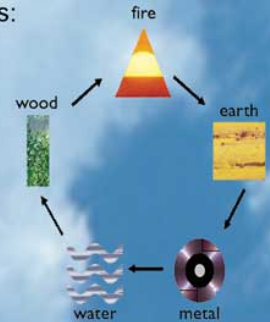
So what are these living spirits?

These are the intangible qi and so the best way to explain what they are is to describe their personalities:

- 1 White Water. Wisdom, career success, love.
- 2 Black Earth. Sickness, obstinacy, abdominal disorder.
- 3 Jade Wood. Robbery, accident, competitiveness, aggressiveness, lawsuit, asthma.
- 4 Green Wood. Academic success, romance, artistic & creative, adultery.
- 5 Yellow Earth. Disaster, tyranny, overbearing personality, lawsuit.
- 6 White Metal. Power, nobility, authority, fame, loneliness.
- 7 Red Metal. Destruction, prosperity, joy, aggression, talkative, fire, theft, robbery, accident.

- 8 White Earth. Steady progress, wealth, health, fame.
- 9 Purple Fire. Quick action, stimulating, brightness, cleverness, success in promotion, fire, eye disease.

The 5 Element theory that pervades all Chinese metaphysics says that each of the elements should be in the Generating Cycle as follows:



So when we use the stars, or even when you see these shapes in your environment, try to imagine which element they belong to then ensure there is no conflict of the elements. Conflict means when the elements are in the controlling cycle: Fire controls metal, metal controls wood, wood controls earth, earth controls water and water controls fire.

In Feng Shui we don't like 'control' so to bring about harmony, use the 5 Elements in the Generating Cycle and you can achieve harmony too.

As for the living spirits, they exist in our homes and businesses and will continue to affect our lives in so many ways. How the ancients were able to 'calculate' these spirits is still a mystery; yet through years of experience and countless consultations I have enough evidence to show that these living spirits definitely exist and using Traditional Feng Shui techniques to identify their location, we can work with them to bring about harmony, health, prosperity, happiness and good fortune.

Master Jodi Brunner has practiced Feng Shui for over 15 years and trained with Master Joseph Yu for over 11 years and is a fully qualified Master of Feng Shui.

16th Century Master Jiang Da Hong said, "People today do not understand the importance of the Feng Shui of a house. Actually the effect of Feng Shui for houses is most fascinating. It can bring you prosperity and wealth; It can also help you promote to a higher position and giving birth to great children..."

This is still true today, the power of Feng Shui to enhance our lives or to bring chaos is real and tangible. It's a bit like 'house astrology.'