



# My Garden / Jodi Brunner, feng shui practitioner

## Yang at Heart



Skilled in the ancient Oriental art, Jodi Brunner makes sure the right forces are with her in the garden. By Andrew Seccull.

Jodi Brunner is a woman who believes in harmony. Having studied feng shui since 1995 under two Chinese masters, she has been a serious practitioner of the ancient Oriental art for the past two years and her practises have steeped beyond her living room into her garden. "It is important that my garden is as harmonious as possible," she says.

Brunner, who has always lived in the country, said to herself that she would never move into the city unless it was to East Melbourne. Once she arrived there, she says, "Given that I love this area of town, this apartment, when it became available was just perfect. Not only was it nearly new, which meant there was no old, negative energy left over from the previous inhabitants but it also had all the necessities indicated by my chart."

Most feng shui readings for homes support the presence of both water and a mountain somewhere on the property. The mountain provides support, health and happiness; the water, prosperity.

Brunner's bedroom is near the rear terrace, so she is close to the moving water in the garden, which, she says, "Soothes and is balanced by the 'mountain' (symbolised, in this case, by a three-storey building) behind the water. The water cannot be just in any old place; it must be in the right sector. Fortunately for me, the water here is just where I need it."

Inside, just behind the bedroom door, is another water feature, which Brunner put in more for aesthetic than for feng shui reasons.

As for the front of the apartment, it is, she says, "just how it should be". "It is your public face to the world, open to allow the inflow of good energy but not too open, otherwise we would be camped on the street."

The rear is secure and private, with enough yin (passive feminine) energy to balance the yang (active male) energy coming in the front.

Cynics out there may well ask if all this careful placement has had anything other than a decorative effect. According to Brunner, "Now that the place where I live is arranged according to my chart, business has become busier than ever, even extending on to the Internet where I run the international feng shui network."

*Jodi Brunner is a Master of Feng Shui with Master Joseph Yu, Feng Shui Research Center, Canada. She is primarily a Feng Shui practitioner and trainer, also an accredited speaking member of the National Speakers Association of Australia and the founder of the FENG SHUI network. Contact Jodi at [www.fengshuimaster.com.au](http://www.fengshuimaster.com.au) for more info.*

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